



Office of Related Services - OT/PT Program

RTI Tier II-General (Non-specific) Interventions

Handy OT Helpers - Sensory/Attention

Scholar Name: _____ Grade: _____

Teacher: _____

Please utilize the following suggestions to help improve attention to task and organize the scholar's body for successful seated work.

- ☐ Study Carrel/Divider
- ☐ Wiggle Seat/Cushion
- ☐ Preferential Seating
- ☐ 'Classroom Assistant'-push in chairs, clean chalkboard/dry erase board, hand out books/paper to classmates, sweep floors
- ☐ Hand Fidgets
- ☐ Daily Routine Schedule
- ☐ Hard Candy/Gum
- ☐ Mouth Fidget
- ☐ Chair/Wall Push-Ups, Crab Walks, Wheelbarrow Walks, Bear Walks
- ☐ Sensory Breaks (movement break vs. quiet place break)
- ☐ Support Under Feet
- ☐ Recess every day (do not omit for discipline)

Occupational Therapist

Date